

Quick Guide to
What's Happening
@
Howick Intermediate



Howick Intermediate Newsletter

The informed parents guide

- 14th March
Goat Island EOTC begins
- 15th March
HPV 1
- 15th March
SEZ Swimming (Howick Int)
- 31st March
School Triathlon
- 5th April
SEZ Boys Kilikiti
- 6th April
School Council Disco
- 7th April
SEZ Girls Kilikiti
- 7th April
National Young Leaders Day
- 12th April
SEZ Orienteering
- 14th April
Cultural Festival
- 15th April
Spelling Bee

Most religions or philosophy's, groups of people or ethnic identities and countries throughout the world have views about, and punishments for, theft. The vast majority of people resent the activities of the few people who interfere with and sometimes take other peoples' property. The activities of thieves have been written about throughout history and much of our literature has stories that involve theft. The poet and writer, G.K Chesterton, explained it this way when talking about the activities of thieves: "Thieves respect property. They merely wish the property to become their property that they may more perfectly respect it".

It is a sad commentary on modern society that so much time and effort is required to try and prevent property being stolen or seeking to apprehend thieves and reclaim property when theft has occurred. Our parks and reserves, our scenic locations and even our supermarkets now display signs urging people to make sure their vehicles are locked and their property secure. "Thieves operate in this area" is a revealing sign that can increasingly be found around our country. Statistically the number of people who steal other people's property may not form a large part of the population, however their impact can be large and troublesome. It is a wide spread phenomena the signs of which can on occasions be found through all communities, workplaces and organisations.

It is therefore not surprising that a very small number of our students – perhaps only one or two – are what is euphemistically referred to as 'light fingered.' Most schools experience isolated incidence of theft. We are not immune from this. When this incidence occurs they cause anxiety, frustration, annoyance and disruption to the victim.

In recent days we have detected a few incidents involving the theft of money. In one case we apprehended the culprits and they are being dealt with appropriately. Further offences and it could be suggested that another school might be considered.

Mindful of this we want our students to take steps to protect their property. Items should be clearly marked. Large sums of money should not be brought to school but if that is necessary it should immediately be handed to a teacher for safe keeping or the office. Students should not carry large sums of money around with them and under no circumstances should it be left in an unsupervised location such as in a bag or desk. If money is required for purchases during the day, ways should be found for students to keep it in a pocket or other safe place. The security of cloakrooms and other places can not be guaranteed. We seek your support and understanding as we work to remove this infrequent but troublesome practice from our school.

John McAleese
Principal

HOWICK NETBALL CLUB

2011 Season

Junior players needed.

Registration forms
available on [http://
howicknetballclub.webs.com](http://howicknetballclub.webs.com)

Year 7 trials on Thursday
at 4pm.

Year 8 trials on Thursday
at 5pm.

Any questions, please
contact Amanda Croft on
0274 435 635 or email
acroft@tnis.school.nz

Scholarship Invitation...

We currently have information and application forms for a scholarship at Saint Kentigern College.

Any parents of a year eight student should approach the Howick Intermediate office to obtain a copy.



Assistance with
Website

You are probably aware that we have a school web site.

With all of the things that happen at school we sometimes have a little difficulty keeping everything up to date.

We would appreciate the help of a parent who had a little time to spare and some understanding of web sites who could spend perhaps an hour every week or two refreshing the site and uploading our latest news.

The design work is all done. We are just looking for someone who could load in new material on a regular basis.

Please contact the office if you can help on 534-3922.

APRIL CAMPS

PARENT - CHILD CAMPS 11
10 years +
SONRISE STATION
Parent Child Camp 1
1st - 3rd April 2011
0830 PAIR

TRAIL RIDER CAMP
15th - 17th April 2011
\$160.00
Super Hero
HORSE RIDING & ADVENTURE ACTIVITIES
10 - 15 YEARS
Who's your Hero?

SONRISE STATION
YOUTH CAMPS
HOLIDAY HORSE RIDING
Autumn Camp 26th - 30th April '11
13 years +
\$250.00
PRICE INCLUDES: FOOD, ACCOMMODATION, HORSE HIRE & SONRISE ACTIVITIES

From Nurse Liz 

IS IT A COLD OR IS IT THE FLU?

Many students come and tell me "I think I have the flu" when in fact, they have a common cold virus.

So, what is the difference between the two?

Influenza (the flu) is a serious illness with a sudden onset of high fever, marked headache, chills, aching joints/muscles and general lethargy.

People often complain that they feel as if they have been hit by a bus.

These students will possibly need to be off school for up to a week, and may even need admitting to hospital.

A cold on the other hand causes a stuffy and/or runny nose, sneezing, mild fever and sometimes a sore throat. This can last for a few days and usually the child is well enough to come to school but they will complain of feeling generally miserable! Any student with a high fever will be required to go home as they may be infectious to other students and staff.

The only treatment for both of these illnesses is rest, plenty of fluids, Vitamin C (oranges, kiwifruit) and Paracetamol for the fever and aches.

Antibiotics are of no use in treating colds and flu.

If your child does need to stay off school PLEASE remember to call us BEFORE 0830. Dial 534-3922, choose Option 3 and leave a message on our 24hour answering machine.

Splash!

By Reeshan Kishore Room 20 and Jewel Meredith Room 17

Week 5 was yet another busy week for Howick Intermediate students and teachers, going into Part 2 of our Aquatics. Children, parents and teachers piled onto the school bus, chatting and laughing away as we headed to the Orakei Deep Dive Pool.

All the kids were extremely excited about the going to the Deep Dive pool, we took a long ride on the bus and then finally arrived.

Everyone wanted to get into the pool, but we had to go over the rules and safety information about life jackets. Later on we wore life-jackets and started to feel warm. We got into the pool and everyone either took the stairs or walked off the side—like walking the plank!

We practised moving around with our life jackets in the water and it was exciting swimming around with our jackets, because it looked like we were hovering on water. This was called sculling, all the children were having great fun and smiling.

We got out of the pool and learned how to put on a life-jacket as if you were in the water getting rescued. It was hard to put on a jacket lying down because we needed to wriggle about slipping one arm in after the other.

Soon after we partnered up, one buddy got in the pool while the other one had to rescue them.

This time we tried to put on our life-jacket in water. It was harder than it looked because the buoyancy force was pushing the life jacket above the water so we had to try to jump onto the jacket to get it on. The hardest part was zipping the jacket up.

Afterwards we all had to get out and get changed...everyone moaned.

Once we had changed we were counted back onto the bus and rode back to school. Everyone was chatting in the bus about the pool.

After a cloudy day spent at the Deep Pool we arrived back at school, had morning tea and went to class. The pool was a great experience for us all, an awesome wake up call for safety!



Buddy Walk Details

What?
A 1.5 km walk followed by a fun fair and entertainment.

How?
You can show your support by walking with us on the day or sponsor those who are walking via www.merryplay.com/content/news/buddy-walk2011.

Why?
A great day out for the family to promote the acceptance and inclusion of all people with Down syndrome. Also to raise awareness for the Auckland Down Syndrome Association.

When?
Sunday 20 March 2011
Registration from 09.00am.

Where?
Tahaki Reserve, 292 Mt Eden Road, Mt Eden, Auckland.

Time
Registration from 09.00am | Walk begins at 10.00am

Entertainment includes
Pole Vaulting | Bungee Run | Fun Slide
Merry-go-Round | Merry-go-Round | Human Fly
Face Painting | Clowns | All the Bubble Man
Live Music | Food Vendors | Sausage Sizzle
2M Black Thunder
Give-Aways | Raffle | Silent Auction with great prizes

Fun Fair & Entertainment

Following Buddy Walk, everyone is invited to an afternoon of fun and frivolity.

There will be music, dancing, competitions and prizes. A range of food and stalls will be present and there will be lots of games and giveaways.

On completion of the walk most people will receive a goody bag.

A photograph of a man in a blue shirt holding a baby in his arms. They are outdoors, and the man is looking at the baby with a smile.

A map showing the route of the Buddy Walk. The route starts at Tahaki Reserve and goes around a track. Key locations marked include Tahaki Reserve, Mt Eden, and the Start/Finish line.

For more information visit the Buddy Walk Website at www.buddywalknz.org

Tahaki Reserve is located at 292 Mt Eden Road, Mt Eden, Auckland

The Buddy Walk logo, featuring a stylized figure of a person walking with a dog, and the text "BUDDY WALK NZ".

A photograph of a man and a young child looking at each other. The man is wearing a white t-shirt with a logo, and the child is also wearing a white t-shirt.

Sunday 20 March 2011
Tahaki Reserve | Mt Eden

Registration opens 09.00am
Walk begins at 10.00am

The logo for the Auckland Down Syndrome Association, featuring a stylized figure of a person walking with a dog.

The logo for the Auckland Down Syndrome Association, featuring a stylized figure of a person walking with a dog.

Five quick questions asked to students about an issue.

This week's issue is
about ...
Geek mufti day

Questions:

1. What is a geek?
2. Do you like the theme? Why?
3. What do you think the purpose of mufti is?
4. Who do you think is the best dressed teacher?
5. If you could choose a theme what would it be? Why?

Tanysha Room 15 Ngata

1. A smart person.
2. **Yes because it's comfortable.**
3. To show your personality.
4. I think Mr Padayachee.
5. **Colourful because it's bright.**

Ruth Room 10 Cooper

1. Someone who dresses weird.
2. **Yes because it's funky.**
3. To donate to the Christchurch earthquake.
4. Mr Angell looked awesome.
5. **Green because it's environmental.**

Connor Room 19 Ngata

1. Someone that likes games and work.
2. Kind of ... because I get to wear glasses.
3. To fundraise for things.
4. Mr Padayachee was my favourite.
5. Casual because people like what they wear.

Krishan Room 9 Cooper

1. **Someone who's smart.**
2. **Yes because it's smart.**
3. Fundraising and fun.
4. Mr Padayachee would be my choice.
5. **Superheroes because they're powerful.**

Hunter Room 21 Ngata

1. A person who knows maths and gets good grades.
2. People can express their inside 'geekiness'.
3. To raise money and have fun.
4. **It's a tie between Mr Padayachee and Mr Angell.**
5. **Casual because you don't have to change out of weird clothes when you get home.**

By: Jewel Meredith, Rm 17 and Sabrina Ermita, Rm 6

Geeks for a day

By Jessica Rogers

As the audience cheered loud for their favourite geek on March 10 in the school hall the geeks and nerds got a chance to show off their 'geekiness' out on the stage. It was really awesome fun and you could tell that the crowd was enjoying it.

Geek after geek and nerd after nerd were all dressed in awesome outfits. People were dressed in shirts, t-shirts, ties, bows, suspenders and geek glasses, complete with sticky tape to hold them together. It made them all look super smart.

Congratulations to all the participants who competed in the fashion show. We would like to thank Mr P (who, along with Mr Angell, was by far the nerdiest teacher in the school) and the student council for organising this cool/geeky event!



Counselling Services

Howick Intermediate is the only Intermediate School in this area to employ a full-time Counsellor.

Susie Green is our School Guidance Counsellor. Her role is to support the students if they are facing challenges or problems in their life, whether it is at school or at home. The students can self-refer, their teachers can refer them, and parents are able to refer them too. This is if they are experiencing things that they may need some support in. Susie works within confidentiality and is also a member of New Zealand Association of Counsellors (MNZAC). Susie sees students individually and in groups. A few reasons why students may go to see Susie are; friendship issues, bullying, parents separating, grief, lots of changes etc. Many of our new students show signs of anxiety resulting in headaches, stomach aches etc – this is perfectly normal. Susie and our school Nurse Liz are working together to help these students settle into their new school.

If you have any concerns regarding your child's general or mental health then please feel free to contact Susie or the School Nurse Liz.

Would you like us to em@il you?

If your son or daughter is using the Newsletter as wrapping paper for their muddy shoes in the bottom of their bag, we can email the *newsletter* to you.

Please email the school from the address you would like it sent to:
newsletter@howickint.school.nz.



The newsletter is also available online

SCHOOL DONATIONS

Invest in your child's

School donations
welcome



To claim a rebate with the I RD download the form on this link:

<http://www.ird.govt.nz/forms-guides/keyword/rebates/ir526-form-claim-rebate.html>

Assembly Awards

Room 5	Week 5 Week 6	Zhanwen Lim Ryan Kelly
Room 6	Week 5 Week 6	Trishant Prasad
Room 8	Week 5 Week 6	Zierra Misaita
Room 12	Week 5 Week 6	Pauline Yang Shannon Williams
Room 13	Week 5 Week 6	Ishmael Tuitavuki Rana Urquhart
Room 14	Week 5 Week 6	Jenny Oh
Room 15	Week 5 Week 6	Sarpreet Singh Rebecca Faletanoai
Room 16	Week 5 Week 6	Dallas Tehuia Emily Weston
Room 18	Week 5 Week 6	Gabby Drugan Frank Tuitama
Room 19	Week 5 Week 6	Toma Teevale Jesscynta Lamb
Room 20	Week 5 Week 6	Rhuben Mafileo wk 5 Tyler King wk 6
Room 21	Week 5 Week 6	Akash Lingham-Dalzell Genesis Snowdon

Congratulations!

Specialist Class Awards

MUSIC	Week 5	Cypress Rm 6
	Week 6	Rm 16 - Chris, Tahlya, Naetan, Alvin and Herschal

RED CARD AWARDS

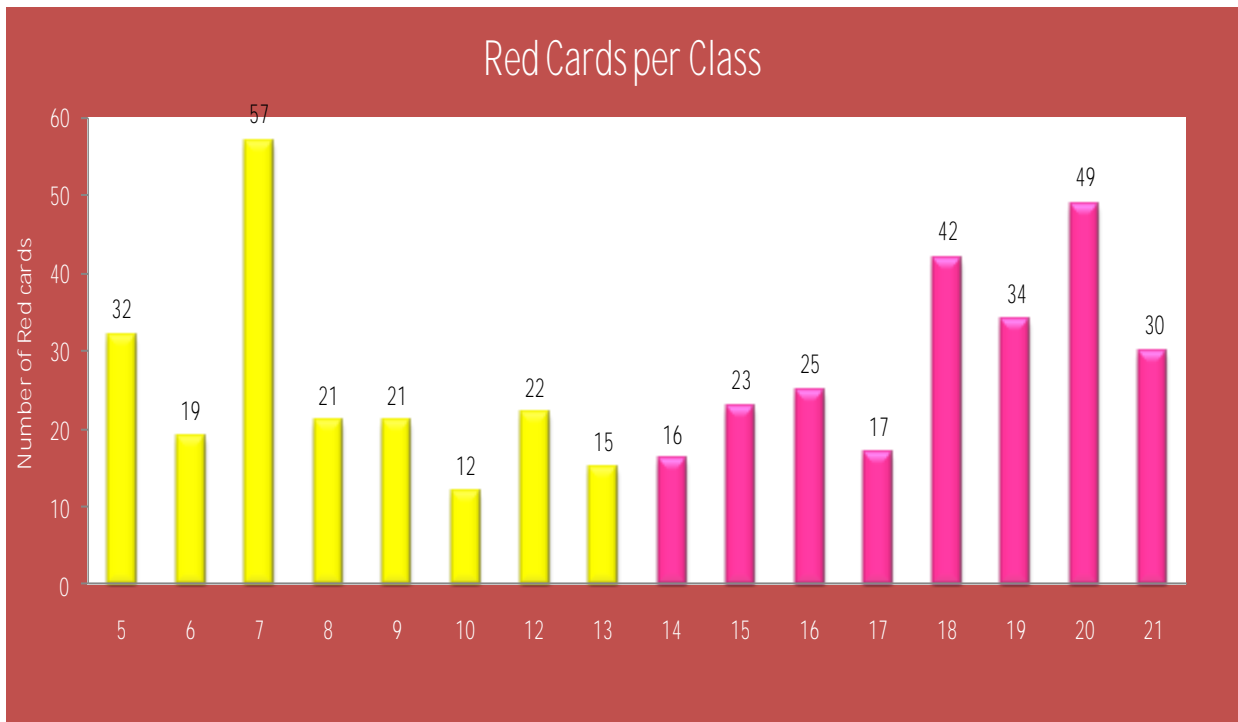
Red Cards are issued to students who are 'caught' doing something good. The class with the most red cards wins the Red Card Award for the week. Students who win a Red Card automatically go into the draw to win a giant cookie.



Above: Rm 7 Red Shield winners for Week 5



Congratulations to Room 20 for receiving the Red Card Shield for week 6.
Keep up the effort of being caught being good!



Red Card Awards per Class