

ISSUE 1 February 17th

Quick Guide to
What's Happening
@
Howick Intermediate



Howick Intermediate Newsletter

The informed parents guide

What's Happening...

- 21st February Camp 1
Whanau Cooper
- 22nd February
Portrait
Photographs (for
Whanau Ngata -
away on camp in
Week 5)
- 27th February
School Swimming
Sports
- 28th February Camp 2
Whanau Ngata
- 6th March Camp 3
Whanau Batten
- 7th March
SEZ Swimming
Sports
- 8th March
Hearing and Vision
Testing
- 12th March Camp 4
Whanau Mansfield
- 14th March
Hearing and Vision
Testing



Parent help needed for camps!

If you are able to assist with our camps,
please let your child's classroom
teacher know!



Hats in Term 1
A reminder that
hats are compulsory
this term. You can buy these
at the ticket office or
uniform shop.
\$13 each



Visit us on facebook
Howick Intermediate
and "Like" our page to keep in touch with what
is going on around the school and our local
community.

Dear Parents

Checking out the trail

Thank you to the many parents who attended the meet the teacher and camp meetings last week. We hope that you found the meetings helpful and your questions have been answered. Thank you also to those of you who took part in the walk last Wednesday and provided the adult support to make it possible.

Next week, the first Whanau heads off to camp. In preparation for this, a small group of staff drove to the valley on Friday of last week and tramped over the tracks that we will use. While the students will have one or two days to complete the tramp depending upon which one is selected for them, the staff group completed all of the route in one day. While we "put on the pace" and there were a few stiff joints the next day, the pace for the students and accompanying parents while at camp will be much slower. The Department of Conservation suggest that the tramp to the Pinnacles is four hours, however on Friday we were eating lunch at the hut in a little over two hours. When we take students, we expect to allow at least five hours.

The point is that we have recent knowledge of the condition of the tracks and are happy that the surface is as we would expect. All students will successfully confront and master these challenges.

We have been preparing for the next six weeks for over twelve months. We urge you to get involved, support staff and students, and enjoy the experience of the outdoors. Teachers would love to hear from you if you can spare a little time. There is a role for everyone regardless of your experience or fitness level. We need your support to enable the programme to proceed.

We are very aware of the financial pressures that we all are confronting at this time. However, we would like to think that ways can be found to enable all students to participate. At the end of their Intermediate years, most students identify their camp experience as the memory that they will most cherish for the rest of their lives.

John McAleese

Principal

**Please note that this term the Newsletter will be coming out every second week.
If you have any notices that you would like included, please email them to neetham@howickint.school.nz.
Space is at a premium and we may not always be able to satisfy your request.**

From Nurse Liz...

ABSENCE PROCEDURE



If your child is unable to attend school or is going to be late for any reason it is your responsibility to inform us.

Please call the school **BEFORE 0830** on 534-3922 and choose option 3 (This absence line is open 24 hours). Leave your child's full name, room number/teachers name, a reason for not coming to school and if possible a contact phone number. Please do not contact the child's teacher directly.

A medical certificate is required for any student requiring more than 3 days absence due to sickness. Other absences should be confirmed in writing to the class teacher.

Canvas shoes ≠ sports shoes

Please refer to the school uniform code before purchasing sports shoes.

With inappropriate sports shoes:

- They can cause blisters, muscle strains and body aches.
- There isn't enough cushioning in the sole of the shoe, causing hard impact on the joints.
- It is easier to twist your ankles and injure your ligaments in your foot because there isn't enough foot support.
- There is not enough grip, which causes cramps and slipping as you have little control over your movements, affecting how you participate in fitness activities.

Pastoral care @ H.I.S.

Howick Intermediate is the only Intermediate School in this area to employ a full-time Nurse and Counsellor.

Liz Taylor is a Registered Nurse and ACC Provider. She is known as "Nurse Liz" by the students and has been working at the school for the last 9 years. Her main role is to look after your child if they become sick or injured. Students can access her in the Health Centre which is located near reception. Liz also monitors student absences and is often used by students as a resource person for inquiry topics related to health.

Carolyn Edwards is our School Guidance Counsellor. Her role is to support the students if they are facing challenges or problems in their life, whether it is at school or at home. The students can self-refer, their teachers can refer them, and parents are able to refer them too. This is if they are experiencing things that they may need some support in. Carolyn works within confidentiality and is also a provisional member of New Zealand Association of Counsellors (MNZAC). Carolyn sees students individually and in groups. A few reasons why students may go to see Carolyn are: friendship issues, bullying, parents separating, grief, lots of changes etc.

Many of our new students show signs of anxiety resulting in headaches, stomach aches, etc - this is perfectly normal and Liz and Carolyn are working together to help these students settle into their new school.

If you have any concerns regarding your child's general or mental health then please feel free to contact them.



Music extension groups

I need people who are able sing or play an instrument in groups such as the orchestra, band, choir, Jazz group, ukulele group? Parents, please encourage your children to participate in these groups as it is a great way to develop their confidence and musicianship. It is also a fantastic opportunity to get to know the others. Inside and outside school performances will be arranged when students are ready.

Yung Chang

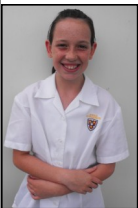


Five quick questions asked to students about an issue.

This week's issue is about : starting @ H.I.S.

1. Were you nervous on the first day of school? Why?
2. What do you like the most about Howick Intermediate?
3. Which specialist subject do you like the most? Why?
4. Are you excited about going to camp? Why?
5. Are you going to trial for any sport this year? If so, which one?

Jayne Room 24



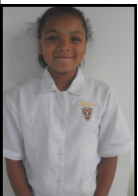
1. Yes. I didn't know anyone.
2. Teachers, friendly students and the school pool.
3. Sewing. Sewing machines are fun!
4. Yes! Especially the Pinnacles.
5. Dance—I love dancing!

Aimee Room 19



1. Yes, I didn't know anyone and felt lonely.
2. I like all the opportunities available. It gives me a chance to try new things.
3. Sewing—I can create my own original inventions
4. Yes, it's a new experience.
5. Yes, softball and netball

Kauthar Room 14



1. Yes. It was my first time at an intermediate.
2. The specialist classes. You learn new things.
3. I like cooking. It's really interesting and you get to make things.
4. I am excited. Our inquiry topic is the outdoors.
5. Swimming and soccer.

Jordan Room 7



1. No. I was with my friends.
2. I made a lot of cool friends.
3. Food Tech. I like cooking.
4. No, I am not going.
5. Basketball.

Neha Room 12



1. Yes, I had never been here and I didn't know any people.
2. Specialist classes—I get to learn new things.
3. Cooking. We can make things and then eat it.
4. Yes. I have never been camping and would like to find out what happens.

International Competitions and Assessments for Schools (ICAS)

ICAS is a highly regarded assessment with a recognition component for students written in over 20 countries in Asia, Africa, Europe, the Pacific and in the USA. Students gain a measure of their own achievement in an external testing situation. Your child has the opportunity to participate in these exams at our school . More information will be sent home in the weeks following.

The dates for the following subjects are:

Computer Skills – 22 May

Science – 6 June

Writing – 18 June

Spelling – 19 June

English – 31 July

Mathematics – 14 August

Top of the Pinnacles



Staff who had not attempted the Pinnacles tramp before accompanied Mr McAleese, Mrs Clansey, Mr Coaton and Mr George Hogan last Friday to enjoy the experience together.

Advice for those students/adults going on this tramp:

Mr McAleese:

Students and parents who are planning to be involved in the Pinnacles tramp should consider the following.

- Have I been honest about my capabilities and do the leaders know all they should know about my health, fitness etc.?
- Have I got a good pack? – one in which the straps will not fail – one that is comfortable.
- Your bag needs to carry more than your stuff – you will help carry food etc.,
- Think carefully about your footwear – the ground is often rocky and uneven.

Come prepared to be challenged. Remember it is not a race – we have all day to get to the hut and all day to get back down – about 19 km in total. We aim to



enjoy the experience!
Mr Padayachee: Smile
Miss Radue: Just keep going, it gets better!
Miss Richardson: Be well-prepared!
Mrs Koraua-Laxton: Take enough water and make sure you are fit!

Looking forward to a great camp!

Would you like us to em@il you?

If your son or daughter is using the Newsletter as wrapping paper for their muddy shoes in the bottom of their bag, we have a solution.

We can email the school newsletter to you.

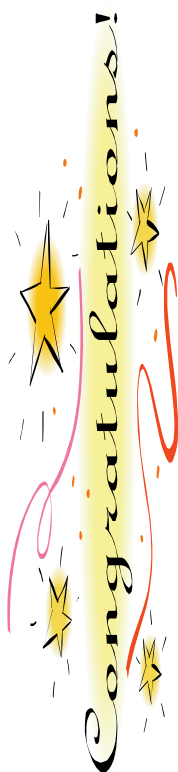
If you would like this, please email from the address you would like it sent to:

newsletter@howickint.school.nz

The newsletter is also available online at our website www.howickint.school.nz

Assembly Merit Awards

- Room 6 Pio Pelenato
- Room 7 Athena Chhouk
- Room 8 Reeshan Kishore
- Room 9 Taylor Clare
- Room 12 Tasisah Khan
- Room 13 Zane Hattaway
- Room 14 Brieah Glynn
Shivneel Singh
- Room 15 James Collecutt
- Room 16 Daetyan Tanuvasa
- Room 17 Siobhan McGrath
- Room 18 Tamara Potts
- Room 19 Cee Alaimalo
- Room 20 Taariq Boomgaard
- Room 21 David Tonga
- Room 24 Phoebe Puru



What a great start to the year!

Willowbank Netball Club:

Trials: 9am Howick Pakuranga Netball Courts 18th February 9am-11am

Registration Night: Thursday 23rd

Feb - Willowbank School

Staffroom 6.45pm-7.30pm

Contact for further info: isabeldixon@rocketmail.com or lizcleary@xtra.co.nz



School Donations



are welcome now.

You can claim a rebate with the IRD. The necessary form can be downloaded by clicking this link:

<http://www.ird.govt.nz/forms-guides/keyword/rebates/ir526-form-claim-rebate.html>

Your donation entitles you to a free year book at the end of the year.



Itinerant music lessons



We have tutors available teaching keyboard, drums, guitars and etc depending on the number of enrolments. It is a group lesson running on a weekly basis. The students will be either in a group of two or three. Time length for a group of two students is 30 mins per week. Time length for a group of three students is 45 mins per week. There will be five lessons this term and it costs \$87.50 in total. Students will need to come to me for collecting enrolment forms if they are interested. An invoice will be given to the students when enrolment forms have been received.

Student Council 2012



Room	Year 7	Year 8
6	Tyson Souliyadeth	Sabastian Munro
7	Chelsea Coleman-Te Hiko	Chloe Teao
8	Ashleigh Jeffries	Caitlin Tracey
9	Ciara Smith	Renee Beale
12	Anya Sy	Chao Xin Nhin
13	Erika Sharp	Trishant Prasad
14	Shivneel Singh	Brieah Glynn
15	James Collecutt	Rebecca Faletanoai
16	Barrett Warren-Chapman	Samantha Egan
17	Marcus Lofisula	Nicolas Potoma
18	Zoe Orrie	Elias Kaleta
19	Taylah Kimiangatau	Leonie Kerr
20	Tessa Potts	Ben Chen
21	Aleesha Simona	Simon Elisara
24	Melissa Medell	Swapnil Kumar